

Marttinen

Youth Centre
School Camps
Conferences



FINNISH YOUTH
CENTRES' ASSOCIATION

Marttinen
Youth Centre in Virrat





The Finnish youth centres are Finland's largest organiser of school camps, with over 800 school camps organised annually by them. All programmes conducted in the Youth Centres follow the method of non-formal education, which supports the Finnish curriculum and children's active learning with careful planning and execution of activities outside the school environment.

In school camp activities young people learn and develop through practical activities and trying new things. It is worth participants' while to take part in planning the programme and aims from the start. It is possible to include nature in the programme by having adventures in the surrounding area, exercise by finding one's own limits, handicraft skills by developing creativity, cultural heritage by going on scavenger hunts back in time or group work skills by deciding to contribute to the common good together.

The school camps support the achievement of Finnish curriculum's learning goals. Some core points in curriculum that we find crucial to support in Marttinen school camp activities:

- *"Active participation of a pupil increases motivation and enthusiasm towards learning, makes learning meaningful for learner and increases positive learning experiences."*

For us, group dynamics, the children's self-esteem, personal growth and social skills are of the utmost importance.

- *"Pupils are invited to take self-initiative of their learning process."*

Marttinen's instructors' role is to offer safe environment for learning and trying instead of giving strict instructions.

- *"Pupils are encouraged to modify their learning methods to be more exploratory and experimental, which is supported in various environments out of school."*

Experiential learning is the process of learning through experience, more specifically defined as 'learning through reflection on doing'. Skills, knowledge and experience are acquired outside a traditional academic classroom setting.

- *"Instead of teachers, the evaluation process of learning is reflected in cooperation between adults and pupils."*

Based on experimental learning, after every activity the learning process is reflected together with Marttinen's instructor and pupils. The children can learn much about Finnish culture, lifestyle and nature and improve their learning, teamwork, self-reflection and social skills, which will help them move forwards in life with confidence.

Marttinen already has 25 years of targeted, quality school camp organisation to its name. Careful planning, professional staff and a safe environment for activities guarantee a successful experience that the whole group can enjoy.

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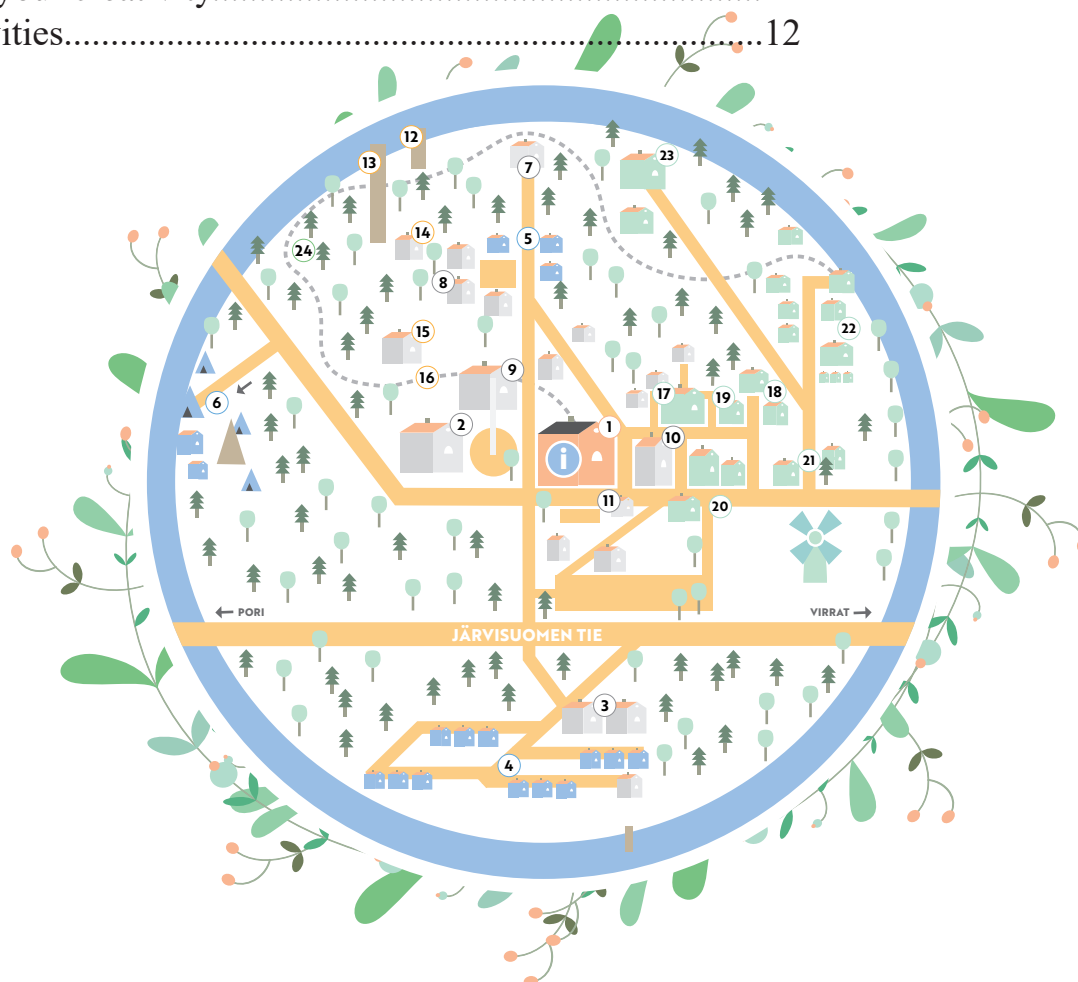
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① **Marttinen main building**

② Old Vicarage

③ Antintalo

④ Log House Apartments

⑤ Hotel rooms

⑥ Herraskoski camping area

⑦ Sauna and conference room

⑧ Chapel

⑨ Environment School Kuukkeli

⑩ Old Community Hall

⑪ Ice-cream and coffee kiosk

⑫ Bird-watching tower

⑬ High rope and Ice climbing

⑭ Barbecue Area

⑮ Archery Area

⑯ Marttinen Island Nature trail

⑰ Mikontalo Restaurant

⑱ Art House, Reetantupa

⑲ War Veterans' museum

⑳ Inn Stables, Drying barn

㉑ Grain storehouse, Windmill

㉒ House Museum, Canal Museum

㉓ Hali Logger's Cabin Museum

㉔ Field fortification area

Marttinen Summer Camp (4 nights/5 days)

Day 1	Day 2	Day 3 School Season	Day 3 Holiday Season	Day 4	Day 5
	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast
Arrival to Marttinen, Check in	9:30-12:00 Draisine Trip Group A 9:30-12:00 Traditional painting on wood shingles Group B 9:30-12:00 Time travel to the past Group C	9:00-12:00 School Visit	9:30-12:00 Low rope course and problem solving Group A 9:30-12:00 Archery Group B 9:30-12:00 Canoeing on the lake Group C	9:30-11:30 Let's Go Fishing Group B 9:30-11:30 Forest Escape Group C 9:30-11:30 Nature path of Marttinen Group A	
12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch at school	12:00-13:00 Lunch	12:00-13:00 Lunch	
13:00-14:00 Camp Opening, Welcome to Marttinen	13:00-15:30 Draisine Trip Group B 13:00-15:30 Traditional painting on wood shingles Group C 13:00-15:30 Time travel to the past Group A	12:30-15:00 School Visit	13:00-15:00 Low rope course and problem solving Group B 13:00-15:00 Archery Group C 13:00-15:00 Canoeing on the lake Group A	13:00-15:00 Let's Go Fishing Group C 13:00-15:00 Forest Escape Group A 13:00-15:00 Nature path of Marttinen Group B	
14:00-16:00 Let's Go Fishing Group A 14:00-16:00 Forest Escape Group B 14:00-16:00 Nature path of Marttinen Group C	15:30-18:00 Draisine Trip Group C 15:30-18:00 Traditional painting on wood shingles Group A 15:30-18:00 Time travel to the past Group B	15:00-18:00 Recycling Lesson	15:00-17:00 Low rope course and problem solving Group C 15:00-17:00 Archery Group A 15:00-17:00 Canoeing on the lake Group B	15:30-17:00 Camp closing Ceremony	
17:00-18:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	18:00-19:00 Dinner	
19:00-21:00 Finnish Sauna The Way of the Sauna Master and evening snack	19:00-21:00 Free activies e.g. Disc Golf	19:00-21:00 Free activies e.g. Bouldering Cave	19:00-21:00 Free activies e.g. Floor Ball	19:00-21:00 Free activies e.g. Bouldering Cave	

Marttinen Winter Camp (4 nights/5 days)

Day 1	Day 2	Day 3 School Season	Day 4	Day 5
	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast	8:00 - 9:00 Breakfast
Arrival to Marttinen, Check in	9:30-12:00 Poka Tasks	9:00-12:00 School Visit	9:00-11:30 Team competition	
12:00-13:00 Lunch	12:00-13:00 Lunch	12:00-13:00 Lunch at school	12:00-13:00 Lunch	
13:00-14:00 Camp Opening, Welcome to Marttinen	14:00-16:00 Textile printing Group B 14:00-16:00 Kick Sled hike Group C 14:00-16:00 Traditional painting on wood shingles Group A	12:30-15:00 School Visit	13:00-14:30 Marling Group 1 13:00-14:30 Snow- shoe hike Group 2 14:30-16:00 Marling Group 2 14:30-16:00 Snow- shoe hike Group 1	
14:00-16:00 Textile printing Group A 14:00-16:00 Kick Sled hike Group B 14:00-16:00 Traditional painting on wood shingles Group C	16:00-18:00 Textile printing Group C 16:00-18:00 Kick Sled hike Group A 16:00-18:00 Traditional painting on wood shingles Group B	15:00-18:00 Recycling Lesson	16:30-18:00 Camp closing Ceremony	
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Marttinen
Youth Centre in Virrat



Price

Full-board accommodation 88,00 € / day / person.

including breakfast, lunch, dinner, evening snack, accommodation and linen

All prices include VAT.

Activities

Adventure

Canoeing on the lake

Youth groups 175,00 € / group, 2h, max. 16 persons

Youth groups 325,00 € / group, 2h, max. 32 persons

We canoe in the beautiful waters near Marttinen. Depending on the group's wishes, we can paddle for example through the canal, under the Keiturisalmi bridge or towards the downstream of the rapids.

NB! Available between May 1 and September 30.

Aims

Pair work

Positive mood

Enjoying nature

Human rights aims

Everyone has the freedom to move around!



Rescue Suit Floating

Youth groups 450,00 € / group

2 h, max 15 persons

We put on rescue suits and walk on thin ice courageously and safely. What does it feel like when the ice gives way underfoot and you have to get out of the water?

We rescue each other by helping our buddies get back on top of the ice and experience what it feels like when we get a buddy on to safe ice again!



Kick Sled Hike

Youth groups 250,00 € / group

2 h, max 30 persons.

If necessary, a transport charge applies.

We go kick sledding in the area around Marttinen or even as far as Lake Helvetinjärvi. If we need to, we take some food made by the Marttinen kitchen.

Aims

Getting to know a new discipline

Enjoying nature

Increased awareness of traditions and the environment

Human rights aim

Everyone has the freedom to move around!



Wall Climbing

Youth groups 250,00 € / group

2 h, max 25 persons.

We practise wall-climbing on a 7-metre indoor climbing wall with an instructor. Favourite of school camps!

Aims

Finding your own limits

Outdoing yourself

That winning feeling

Developing cooperation skills

High Ropes Course

Youth groups 350,00 € / group

2,5 h, max 15 persons.

We carry out tasks by completing the Marttinen 6–8 m high ropes course. You'll need daring, cooperation and problem-solving skills.

Aims

Finding your own limits

Outdoing yourself

That winning feeling

Working in small groups

Archery

Youth groups 200,00 € / group

2 h, max 15 persons.

We see how precision and concentration bring results in instinct shooting from a bow. One of Marttinen's most popular programmes year round!

Aims

The experience of success

Concentration

Hitting the target

Human rights aim

Every human being has the inherent right to life.



Learning Outdoors

Open-fire cooking

Youth groups 325,00 € / group
3 - 4 h, max 30 persons.

We learn practical wilderness cooking skills in the surroundings of Marttinen by cooking a meal on a bonfire.

Aims

Learning how to set a fire and make food on it
Doing your own job in a group
Increased awareness of wilderness traditions

Human rights aim

Everyone has the right to food!



Marttinen Island Nature trail

Free for youth groups non-supervised and staying in the Marttinen
When youth groups are supervised on the nature walk 150,00 € / group
1 - 2 h, max 30 persons

The ten pictures of the Marttinen Island Nature trail depict the natural environment of the area, but the captions direct the viewers to look deeper. The nature trail not only provides lots of information about the natural environment, but also about culture and traditions. The trail is easy to navigate and approximately 1 km in length.



Let's go fishing

Youth groups 250,00 € / group
2 h, max 15 persons

Get to know rod-fishing equipment and lures and go fishing at nearby shores or on a boat. In spring, more fishing is done with lures from boats while in autumn the emphasis is on rod-fishing. In winter, ice-fishing is done, when the ice conditions allow. Who will get the biggest catch?

Aims

Get to know rod-fishing equipment and your own area's fishing waters
Getting a fish

Human rights aim

Everyone has the right to a clean environment!



Snowshoe Hike

Youth groups 200,00 € / group

1,5 h, max 30 persons

Youth groups 415,00 € / group

8 h, max 30 persons

If necessary, a transport charge applies.

We go on a snowshoe hike in the area around Marttinen to the Toriseva gorge lakes or the Lake Helvetinjärvi National Park. Learning to walk in snowshoes is easy and will allow you to enjoy nature in winter. Differences in height, snowy conditions and the walking speed bring challenges for people with all kinds of challenges and aims. On hikes of over three hours, we make lunch outdoors on the hike.

Aims

Trying a new discipline

Enjoying nature

Increased awareness of traditions

Human rights aim

Everyone has the right to move around!



Cultural heritage

Draisine trip

Youth groups 15,00 € / person

2 h, max 30 persons. Minimum charge for 10 persons.

We ride on a three-wheel draisine alone or with a partner. This trip, carried out on the Pirkanmaa museum railway, is a unique experience. Do you know what a draisine is and what people did with it?

Aims

Increased awareness of traditions

Human rights aim

Everyone has the freedom to move around!



Team works

Outdoor games

Youth groups 125,00 € / group
1,5 h, max 30 persons.

We compete and play in the forest. This is a fun activity in the middle of nature. The aim of the tasks is to group up, learn to trust each other and yourself more as well as boost group spirit.

Aims

Maintaining traditional games
Having fun together
Spending time in the forest

Human rights aim

Everyone has the right to play!



PoKa Tasks

Youth groups 125,00 € / group
1 h, max 30 persons.

PoKa is short for a Finnish word meaning “positivity encouragement”

We boost the group spirit through relaxed, fun shared activities and games. Even the tasks that tickle our funny bones teach us to get to know our group members better, helping even a sensitive group feel more at ease.

Aims

Getting to know each other
Fun
Positivity
Encouragement

Human rights aim

All people are equal!



Team competition

Youth groups 125,00 € / group
1,5 h max 30 persons.

We try to take over bunkers, defend ourselves against attackers or try to calm a riot using sticky balls that stick to clothes as our ammunition. We build the defences ourselves out of soft shapes. Tactics are more important than accuracy of aim.

Aims

Having fun
Group work
Trying a new discipline
The joy of exercise

Human rights aim

Everyone has the right to life!



Low ropes course and problem tasks

Youth groups 150,00 € / group

2 h, max 15 persons.

Together, we solve a range of knotty problems and tasks. These practical, challenging problems are excellent training for group work and problem-solving skills. The low ropes course and problem tasks work best together, but it is possible to choose just one of them.

Aims

Group work

Helping your buddy

The feeling of success

Human rights aim

Everyone has the right to freedom of opinion!



Release your creativity

Arts and crafts workshop

Youth groups 8,50 € / person

1,5 - 2 h, max 15 persons

Minimum charge for 10 persons.

In this workshop, you can make almost anything from lamb's wool, beads, metal wire and a variety of recycled materials. The artist is free! We offer tips, equipment and other guidance to support your creativity.

Aims

Developing creativity and manual skills

Positive mood

Environmental-friendly thinking



Cup Painting

Youth groups 8,50 € / person

1 h, max 30 persons.

Minimum charge for 10 persons.

Paint a mug just the way you want to. The most difficult thing is to know what you want to paint on your mug. The painting itself is easier, and you'll become familiar with templates, sponges and brushes during this classic programme activity.

Aims

Developing creativity and manual skills

Positive mood

Environmental-friendly thinking



Free activities

Marttinen's bouldering cave

Free for youth groups staying in the Marttinen

Our bouldering cave is equipped with thick mats to protect you in case of a fall. Bouldering is an easy and safe way to start climbing. Bouldering develops strength, agility and balance in a versatile manner. Get climbing!

Frisbee golf course with 12 baskets

Free for youth groups staying in the Marttinen

The goal is to throw the frisbee into the target basket. The player who completes the course with the smallest number of throws is the winner.

Please be considerate of other people who are in the area!

Enjoy your game!

